Post-SA Booklet
Spring Assembly 2019 Heidelberg
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Virtual Patient Challenge

powered by Body Interact

Virtual Patient Challenge is the competition where you can put your knowledge into practice by tackling realistic clinical cases, with virtual patients that react to everything you do.

Body Interact challenged medical students from 13 different countries from all over Europe to be in charge of patients in a simulated emergency room. Winners from the three different rounds received a two-months Body Interact license with a mix of clinical cases to fully explore and learn from.

“Practical learning in emergency situations”

Mistakes were welcomed and feeling a little anxious gave students a taste of what it is like to diagnose and treat patients in emergency situations.

The aim of the competition goes far beyond than just winning. It is all about working as a team and to learn how your choices impact the patient’s condition in real time. By being exposed to the most varied clinical scenarios, participants really feel the emotions and pressure to treating patients and acting quickly.

In a fun, engaging and non-judging environment, in the opinion of a winning participant from Romanian, it was “one of the best experiences” from the Spring Assembly’19.
Virtual Patient Challenge

“We still need some training so we are happy it was only a virtual patient”

Virtual Patient Challenge can be hosted in your own events or workshops. If you are thinking about offering your students’ community an exciting and interactive learning experience, please contact us at: raquel@bodyinteract.com
Virtual Patient Challenge
Conflicts of Interest in Medical Education Settings

Physicians face conflicts of interest on a regular basis when interacting with the pharmaceutical industry, starting with their education at university. If medical students lack awareness of the conflicts of interest in their academic surroundings, they risk compromising their independent decision-making abilities, which results in negative effects on both patient safety and research output. Implementation of (1) educational formats on conflicts of interest into medical curricula and (2) conflict of interest policies at medical faculties counteract these negative effects. Therefore, EMSA calls for the implementation of courses that teach students the necessary knowledge and values in how to deal with conflicts of interest, as well as the adoption of policies regulating medical schools’ own handling of conflicts of interest.

Plan of action: We aim to establish the project “Conflicts of Interest in Medical Education Settings” (CIMES) together with the International Federation of Medical Student Associations (IFMSA). CIMES aims to:

1- Raise awareness among European medical students and, jointly with external partners, advocate for the topic of conflicts of interest and transparency of collaborations in healthcare, especially in medical education.

2- Establish a European database to collect data about conflict of interest policies at European medical schools.

This will lead to...
... increased knowledge about conflicts of interest in healthcare collaborations among medical students.
... increased transparency and stronger conflicts of interest policies at European medical schools

In the long term, this may result on the one hand in the improved professional performance of future doctors and hence increased patient safety while on the other hand in the reduction of healthcare costs through better prescription behavior.
Climate change has undeniable impacts on health as it is one of the greatest man-made health challenges of the 21st century. Recognising regional and global efforts, EMSA recommits to advocating and taking action for a climate-resilient Europe. We call on all European Member States (MS) to reaffirm their commitments for sustainable, innovative and adaptive national policies on climate change and its effects on health, while monitoring and reporting on their actions to assure follow up on regional and global targets. We call on the European Institutions to develop an overarching Sustainable Development Goals (SDGs) strategy to guide MS, maintain and intensify their collaborative efforts against climate change, and empower youth participation in international negotiations. Further, we call on medical schools to include climate change and its health-related impacts into medical curricula and encourage medical students to be proactive about climate change at local, regional and global level.

Link to the statement:
https://drive.google.com/file/d/1P1NdzL7-tNdXb7JnmcrV4ia05QWxTh4x/view

Plan of action:
https://docs.google.com/presentation/d/19omRUiAb2TCywmhcCJk_jL5tgfn8iu5QhRwz0lh617M/edit#slide=id.p
Harmful Use of Alcohol

Alcohol consumption is one of the leading modifiable risk factors for noncommunicable diseases (NCDs) and other alcohol-attributable health problems. Recognising regional efforts, we call on the national governments to use legislative measures to reduce harmful use of alcohol, inform the population on the harmful effects of alcohol use and ensure the capacity of their health systems. We call on the European Institutions to empower the national and regional commitments and push the alcohol industry for mandatory labelling. In addition, we call on medical schools to provide their students with training on alcohol-related harm and its relation to NCDs. EMSA believes that the alcohol-related burden is an important global health threat and commits itself to advocate for a healthy lifestyle free from alcohol-related harm within and across Europe.

Link to the statement:
https://drive.google.com/file/d/1fqrA9HRbvJfO0IDugo-DB2zi392teX/view

Plan of action:
https://docs.google.com/presentation/d/1gQaskb5RrJfkBsO1gBq-DArv3A1Sts4BHO5BPPq7Yg/edit#slide=id.p
Highlights of Pillar Sessions:

- Introduction to Global Health: Navigating globalisation and its impacts on health
- Climate Action & Sustainability
- A European Priority: NCDs - Youth Action on Tobacco

Passed Policy Papers

- Climate Change and Health
- Harmful Use of Alcohol

Opportunities For Member Involvement

There will be several calls for our members to get involved in the pillar works such as;

- A second call for members for the ESD on Climate Action & Sustainability
- A call for SWG on Vaccination
- A call for contributing authors to write the policy statement on HIV/AIDS
- and many more opportunities.. Please stay tuned!
Highlights of Pillar Sessions:

- European elections 2019
- Medical mobility and migration - challenges for policy makers
- Universal health coverage

Presentations and materials
https://drive.google.com/drive/u/0/folders/1rzWPL5DaBOPE-eEcy3CMt8k5cdVV1bTh

Furthermore:

- Simulation workshop of the European parliament of tBringing Europeans Together Association (BETA)
- policy making workshop
- projects fair: presentation of the health policy local projects booklet, photo campaign for this time i’m voting.

Passed Policy Papers

- Conflicts of Interest in Medical Education Settings
European Health Policy
Opportunities For Member Involvement

Local Health Policy Projects Booklet

https://emsa-europe.eu/european-health-policy/

This booklet was written by medical students who were eager to start the Health Policy pillar activities in their local faculty. We came up with three project proposals: an introduction to health policy (“Health Policy 101”), Digital Health, and Universal Health Coverage. As this is the first attempt in designing such a booklet, we encourage you to provide us with as much feedback and as many reflections as possible after applying it. Your contributions will further refine the proposals and lead to even better outcomes!

Call for contributing authors to revise the policy statement on digital health
European Integration & Culture

Highlights of Pillar Sessions:

Medicine without Borders
- Definition of medical mobility
- Causes
- Advantages and disadvantages
- European Medical Mobility Website
- Special guest: Kitty Mohan, the European Junior Doctors’ President

Taking over the Continents!
- Intercontinental Twinning Project
- Asian Medical Students’ Association
- SWG on problems occurring during a Twinning Project
- Asian culture differences

Cultural Shock and Ethics within Mobility
- Joint session with Ethics and Human Rights Pillar
- Ethical and cultural dilemmas
- Cultural shock syndrome
- Principles of medical ethics
European Integration & Culture

Presentations and materials
https://drive.google.com/drive/folders/1N6Qds3KO9DBY2zHGdIJFfdZYrdR-MIsX

Opportunities For Member Involvement

Opportunities For Member Involvement:
In the near future, the European Integration and Culture Pillar will send out calls in order to involve our members. Keep an eye out for:

- Research Twinning Project Call
- AA 2019 Pillar Session Team Call
- AMSA-EMSA Intercontinental Twinning Project Booklet and joint certificates
- EPSA-EMSA Interprofessional Twin Project joint certificates
- Erasmus Medicus Booklet
- EuroTalk Booklet
Highlights of Pillar Sessions:

- Medical Students’ Rights in Europe
- Interprofessional Education and Curriculum Development
- Unhiding the hidden curriculum

Sessions' Handout

https://drive.google.com/drive/folders/1xaFp2KTXhAFFlNtpWcUu5PcNsZHTNz07

Opportunities For Member Involvement

- MedEd Facebook group
  https://www.facebook.com/groups/EMSAMedEd/
- European Support Division on Medical Students' Rights in Europe
- Small Working Group on Health Literacy and Interprofessional Education
Highlights of Pillar Sessions:

- The Big Bang Theory’ or ‘what Sheldon Cooper did last summer’ - bringing a Project from scratch to journal
- AMR: Escaping the 2019 Titanic
- The Creativity of Migration
- Poster and oral presentations

Opportunities For Member Involvement

- MS Pillar Beginners Booklet
We will soon ask for your help to create a beginners guide for developing a sustainable MS Pillar in our local FMOs. We are looking for innovative projects and campaign idea. This will be your chance to show your local projects and get ’’famous’’ among the other EMSA members.
Department of Internal Affairs
From Our Trainings

Training: Intercultural Communication in Medicine

Trainers: Deren Esencan & Narmina Khanmammadova
(EMSA Yeditepe), (EMSA Medeniyet)

Training: Burn-out

Trainer: Berkay Akad Ulker (EMSA İstanbul)
From Our Trainings

Training: Time Management

*Trainer: Justyna Mirko (EMSA Warsaw)*

Training: Project Management

*Trainer: Irmengard Rodler (EMSA LMU Munich)*
From Our Trainings

Training: Personal Branding

*Trainer: Irem Aktar (EMSA Istanbul)*

Training: Team Building and Dynamics

*Trainer: Thomas Hausmann (AMSA Vienna)*

Training: Emotional Intelligence

*Trainer: Anna Gumienny (EMSA Warsaw)*
From Our Trainings

Training: Public Speaking

Trainer: Mustafa Efe Sukuroglu (EMSA Yeditepe)

Training: Creative Thinking

Trainers: Liesa Stadhouders & Feng Chen (IFMSA Rotterdam)
From Our Trainings

Training: Individual Growth and Influencing  
Trainer: Anna Tapani (HelMSIC Thessaloniki)

Training: Creating Learning Experiences  
(How Do I Make My Content Stick)  
Trainer: Sophia Tolle (EMSA Frankfurt)

Training: Feedback  
Trainer: Gabriel Cristian Vacaru (EMSA Cluj)
From Our Trainings

Training: Stress Management

Trainer: Mehmet Utku Ozbek (EMSA Acıbadem)

Training: Decision Making

Trainer: Burak Tunahan Ekincikli (EMSA Yeditepe)

Training: Communication Skills

Trainer: Savvina Prapiadou (HelMSIC- Patras)
Elizabeth Tong, EMSA-Heidelberg: "Obstacles to opportunities"

In her inspiring speech, Elizabeth talked about the obstacles that one has to surpass to reach a goal and that it is not always an easy path to success.

Amata Thongphetsavong Gautam, EMSA-Iasi: "Grateful"

In a very personal account, Amata told us about his journey to become a medical student and how important it is to be grateful for the experiences that one has had in their life.

Sophia Eugenia Hodgkinson, EMSA-Torino: "Journey of becoming a practicing doctor"

Sophia talked to us about her mission to better the education systems in her country and to make sure that everyone receives the appropriate medical training that fulfils their needs.

Eva Deventer, EMSA Bochum

Eva inspired us all to strive for more and to continue to be involved in an organisation like EMSA as “the future of the world belongs to the youth of the world”
Paul Laffin, EU Public Affairs Manager, British Medical Association

“Brexit and the European Medical Profession”

Kitty Mohan, President, European Junior Doctors

The importance of free movement to junior doctors in Europe
Sympoium Corner

Cris Scotter, Consultant & Senior Advisor, Human Resources for Health Programme, Division of Health Systems and Public Health, WHO Regional Office for Europe

“Human resources for health, migration and labour markets”

Ulrich Clever, Former President, Baden-Württemberg State Medical Association, CPME German member

Medical Migration in the European Union
It was a great honour to have so many interesting guests attending the Spring Assembly 2019 in Heidelberg.

Mr. Paul Laffin gave us some interesting insights into the position of the British Medical Association in light of the United Kingdom leaving the European Union. Through different statistics he showed us that free movement of medical professionals is especially important after Brexit.

Ms. Kitty Mohan talked about the importance of free movement of junior doctors in Europe. She used her experience as president of the European Junior Doctors to share with us interesting statistics of the migration of doctors in Europe.

Mr. Cris Scooter shared with us his experience in the World Health Organisation and especially concerning human resources in terms of health, migration and labour markets. He made it clear that for countries with varying interests to work together, there needs to be an open dialogue and mutual understanding, which is not always easy to achieve in this day and age.
Finally, Mr. Ulrich Clever’s speech was an interesting input into the situation of migration of foreign medical professionals into a state of Germany. By using the countries Greece and Romania as examples, Mr. Clever was able to give us an overview of the general movements of health professionals in Europe. The discussion after the speech was also interesting, as students from the aforementioned countries were able to share first-hand accounts of the situation and how they experienced it.

Lastly, we were really happy to have Tanguy Pinedo Tora, the Prevention Officer of the European Dental Student Association. He presented his organisation to the plenary, co-hosted the Interprofessional Education workshop and was always open to talk about future collaborations between both of our organisations.
Medical Mobility & Medical Migration
On behalf of Editorial Team, it is an honor for me to present the 10th anniversary issue of EuroMeds! Starting from now, you will be exploring different approaches to medical mobility and migration, theme of our Spring Assembly ’19 Heidelberg!

In this issue, we have featured two topics that are highly relevant to healthcare professionals in this highly globalised political climate, Medical Migration and Medical Mobility. As globalisation moves forward, medical professionals have a greater chance for mobility regarding their choice of country to work in. A higher income, better living or working conditions are just some of the many motivations which physicians choose to leave their country for. However, the emigration of medical professionals negatively impacts the healthcare system in their respective countries of origin. This phenomenon is often called “brain drain”. For us future doctors these issues are of utmost importance. The trends outlined above will increasingly shape our professional environment. As we move on in our lives and careers we want to be able to benefit from the freedom of movement in more and more ways. To ensure this, we need to find ways to overcome the obstacles and difficulties arising from that freedom.

As mentioned before, this issue is EuroMeds 10th year anniversary issue, so it is highly special for me to be the Chief Editor. Starting from 2009, many Chief Editors, Associate Editors, Content Designers, Proofreaders, Contributors have been involved in past 15 issue so far. EuroMeds had born to be a voice for medical students
and it had evolved different qualifications parallel to its decade, issue by issue; modern design layouts, QR Code Systems for References and Feedbacks, online issues and nally, ISSN number so that our hard great works are certi ed as it should be. We, current Editorial Team, are working hard to do our best to raise new qualities and improve existing so that medical students’ thoughts, feelings and studies will be presented in a marvelous platform. I am quite sure that EuroMeds’ evaluation will never even standy, will go further, and will go better.

As we always say there is always room for development, we are waiting for your feedbacks in order to achieve better outcomes so that we can de ne new objectives for further goodness. You can give us feedbacks by scanning the QR code in “Imprint” page.
While I am coming at the end of my words, I’d like to thank Işıl, Helena and Simon for their overwhelming work, Sinead and Liza for their “eagle-eyes”, Berkay, Ataberk and Pat for their aestheticism. You people rock!

I would also like to thank Vice President of Capacity, Ece Çalışan, and Organizing Committee President Sebastian Romann for their understandings and supports during the preperations of the maganize.

İhsan Selçuk Yurttaş
EuroMeds Chief Editor
BlueStar Award: Felix Machleid

Project Fair and Twinning Market Awards
1st Twinning Project: IFMSA Rotterdam
2nd Twinning Project: MEDISEP
3rd Twinning Project: HelMSIC
The Most Sustainable Project: International Congress of Medical Sciences (EMSA Sofia)
The Most Innovative Project: Medicine 4.0 (EMSA Istanbul)
The Most Green Project: Local Health Policy Projects (Health Policy Pillar)
The Most Impactful Project: EMSA Interdisciplinary (EMSA Warsaw)

Poster Case Presentations
Best Poster Case Presentation: HelMSIC Study Group
Best Oral Presentation Award: Ava Dashtinaserabadi
Audience Award: Jan Zajc
Awards
Awards
Awards
EMSA European Board 18-19
From The Fair
From The Fair
From The Fair
From The Fair